

**ARCADIA/LOUP CITY REBELS  
CROSS COUNTRY RECORDS**



**GIRLS' AVERAGE TOP 10 TIMES**

<b>Place</b>	<b>Time</b>	<b>Runner</b>	<b>Year</b>
1	23:34.40	Alicia Rhoads	2018
2	24:01.00	Josie Ference	2015
3	24:06.53	Josie Ference	2014
4	24:15.26	Jessi Heyen	2018
5	24:23.08	Hana Matouskova	2016
6	24:30.33	Courney Goc	2016
7	24:39.00	Camilla Vodder	2014
8	24:41.17	Abby Badura	2015
9	24:43.53	Katie Heyen	2018
10	24:58.51	Callie Francisco	2018

**BOYS' AVERAGE TOP 10 TIMES**

<b>Place</b>	<b>Time</b>	<b>Runner</b>	<b>Year</b>
1	19:59.00	Dakota Cords	2017
2	19:59.10	Bryce Placzek	2018
3	20:02.45	Dakota Cords	2016
4	20:06.52	Dakota Cords	2017
5	21:12.00	Bryce Placzek	2017
6	21:13.34	Zac Cote	2013
7	21:51.38	Carsten Carkoski	2016
8	22:02.43	Carsten Carkoski	2014
9	22:07.29	Ethan Reeves	2018
10	22:30.00	Carsten Carkoski	2017